

# Newsletter On Seniors' Side Foundation



Discover what has happened and what will happen in the Foundation!

## WHAT IS THE NEWS ?

• Let's share a good meal ?

This is the question that Mehdi Dutheil of Repas Part'âge asked himself when he saw the rate of malnutrition among seniors (4 to 10% among those over 77).

This is why he organises conferences on malnutrition but also meals in senior residences. From the preparation to the tasting, residents and members of the association share a meal and a good time together.

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For the second time, the charity came to the town of Hem (Northern France) accompanied by their godmother Dorothée Sonntag (Afibel).







### What if we emptied our wardrobe?



For two weeks, a collection of clothes was organised on the Boulevard de Fourmies site in Roubaix for La Cravate Solidiare.

This charity fights against discrimination in employment, particularly on the basis of physical appearance. They donate professional clothing to job seekers while training them on interviews and CVs. A collection was therefore organised among employees and 43 kg of clothes were collected.





#### A gourmet tea with Ensemble 2 Générations

A date : Thursday 8<sup>th</sup> December A place : Damart shop in Vannes

After 6 months, the agency of Ensemble 2 Genérations in Vannes is expanding. This association, which creates intergenerational flatshares, has already put together 7 pairs of seniors and students.

Clémence, the manager of the Damart shop in Vannes, is committed to this partnership. This is why **she invites the members of the charity to the gournet tea** in December. The «gournet tea» is a meeting between the shop and the Damart customers to present the new collection around a tea and sweets. An opportunity for the association to present itself and to create new duos!

## **COMMITTED EMPLOYEES**

#### **NOTA BENE**

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The Foundation allows you to participate in associative projects by becoming the sponsor of the charity.

#### Dorothée Sonntag (Afibel)

I am a gourmet by nature, so thinking that some of our elders may lose their appetite or eat poorly immediately touched me. (Re) giving the pleasure of eating well goes much further than just eating: at the table, it is also one's joy of living that is fed! And supporting a cause like this makes you feel just as good!





## DON'T WAIT UNTIL NEXT MONTH

This is just a small preview of the On Seniors' Side Foundation! Want to know what's going on in real time?



